

Harmonization of autoantibodies in idiopathic inflammatory myopathies





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Disclosures

Consultancy:	ThermoFisher/Phadia, Werfen/Inova	
Speakers fee:	Euroimmun, ThermoFisher/Phadia, Werfen/Inova, Menarini	
Reagents:	ThermoFisher/Phadia, Werfen/Inova, Euroimmun	
Scientific collaboration:	D-tek, Euroimmun, ThermoFisher/Phadia	



Content

- Autoimmune serology in IIM
- Concept of harmonization
- 256th ENMC workshop
- Dutch EASI survey
- 274th ENMC workshop
- Ongoing initiatives



Idiopathic inflammatory myopathies



Besides (proximal) muscle weakness:

- Fever
- Arthritis
- Raynaud phenomenon
- Calcinosis
- Mechanic hands
- Heliotropic rash
- Gottron's papules
- Shawl sign rash
- Interstitial lung disease
- Myocarditis
- Dysphagia
- Malignancy



Subtypes of IIM





Lundberg et al, 2021 Nat Rev Dis Primers

IIM-specific autoantibodies





Betteridge et al J Intern Med (2016)

Harmonisation

- Adjustment of differences and/or inconsistencies among different measurements, methods, and procedures to make them uniform or mutually compatible, typically achieved by agreement (recommendations and/or guidelines).

European Autoimmunity Standardisation Initiative









Four levels of harmonization





Damoiseaux 2020 Autoimmun Highlights

256th ENMC Workshop (8-10 October 2021)

- 20 participants from 10 countries (Belgium, China, Czech Republic, France, Germany, Netherlands, Spain, Sweden, UK, and USA)
- Clinicians from different disciplines, laboratory specialists, researchers and patient representatives
- Due to the Covid-19 pandemic it was a hybrid meeting with half of the participants gathered in Amsterdam and the other half was on-line
- Participants presented about their area of expertise and the shared information was used in the discussion to achieve consensus



Goals of the 256th ENMC Workshop



- Consensus regarding the clinical indications that ask for detection of myositis-specific autoantibodies (MSA)
- Consensus regarding the optimal testing strategy for patients suspected of IIM
- Consensus on the format for reporting results to the clinician in order to enable optimal interpretation
- Proposition of the research agenda to obtain reliable data on the test-characteristics of the immuno-assays for MSA



Clinical indications (1)



Myositis syndrome features that ask for detection of MSA:

- The triad of myositis, ILD, and arthritis, possibly accompanied by Raynaud's phenomenon, mechanic's hand, and fever.
- Characteristic skin rash, including Gottron's papules, shawl sign, and heliotrope rash, often in combination with symmetrical proximal muscle weakness.
- Severe proximal muscle weakness with a sub-acute onset and without clinical extra-muscular manifestations.
- Slowly progressive muscle weakness with an asymmetrical distribution involving both proximal and distal muscles, typically presenting after the age of 40 (only anti-cN1A*).



Clinical indications (2)



Myositis syndrome features for which detection of myositis specific autoantibodies should be considered after excluding other, more common, diagnoses:

- Isolated seronegative and non-erosive polyarthritis (antisynthetases).
- ILD of unknown cause.
- Isolated high CK level on repeated samples.
- LGMD-like disease with no known molecular diagnosis nor familial history (anti-SRP and -HMGCR).







HEp-2 patterns for MSA

Idiopathic inflammatory myopathies		Nuclear	Cytoplasmic
Jo1 ^a	Antisynthetase syndrome	None	Fine speckled can be missed
PL7, PL12, OJ, EJ, KS, Ha or Zo	Antisynthetase syndrome	None	(Dense) fine speckled can be missec
Mi2	Dermatomyositis	Fine speckled	None
MDA5	Dermatomyositis	None	Fine speckled in a subset of cells; can be missed
TIF1γ	Dermatomyositis	Fine speckled can be missed	None
NXP2	Dermatomyositis	Multiple nuclear dots <mark>can be missed</mark>	None
SAE	Dermatomyositis	Fine speckled	None
SRP	Necrotizing myositis	None	Fine speckled can be missed
HMGCR	Necrotizing myositis	None	Staining (fine speckled) in only a few cells can be missed



Bossuyt et al. Nat Rev Rheumatol (2020)

Consensus on MSA-detection







Reporting of results









Consensus on MSA-reporting





Harmonization in the Netherlands



- Survey (23 questions)
- Distributed to 12 laboratories known to offer myositis serology
- Response by all 12 laboratories
- Formulation of 6 consensus statements (in line with ENMC consensus)
- Delphi-scoring of consensus statements (11 participants)
- Discussion round for fine-tuning



Dutch questionnaire (assay & analysis)

All laboratories use Euroimmun 16Ag (w/wo cN1A and HMGCR)

Which analyser is used:

4x No analyser \rightarrow readout by scanner-software

 $5x EUROBlotOne \rightarrow$ readout by photographic-software

1x EUROBlotMaster \rightarrow readout by scanner-software

2x Other (AutoLIA & Dynablot Heat) → readout by scanner-software

Range result			
Scanner	EUROBlotOne	Classification	Interpretation
< 5	<7	-	Negative
5 – 10	8 – 14	+/-	Negative
11 – 25	15 – 35	+	Weak positive
26 – 50	36 – 70	++	Positive
>50	>70	+++	Strong positive







Myositis serology should be restricted to 2nd and 3rd line health care (not general practionners)

Myositis serology should at least include Mi2, MDA5, TIF1γ, SAE, NXP2, SRP, Jo1, PL7, PL12, EJ, PM-ScI and Ku; simultaneous detection of anti-HMGCR is advised.

Positioning of Hep-2 analysis is in line with the ENMC recommendation







Results of myositis serology should be reported semi-quantitative in the categories negative – weak positive/inconclusive – positive – strong positive preferentially according to the cut-off values provided by the manufacturer

Results of MSA/MAA reactive with antigenic subunits (Mi2, PM-Scl, SAE, ...) are to be reported separately. Interpretative comments are advised.

Multireactivity is to be reported as it is. Interpretative comments are advised.



Dutch questionnaire (ISO 15189)

12







Damoiseaux et al 2023 NTvAKI 23:69-75



Cut-off discussions

- Low positive is ill-defined
- Low positive is poorly associated with IIM (Platteel et al, JTA 2019)
- Low positive does not exclude IIM (Loarce-Martos et al, Rheum Int 2023)
- Cut-offs may have to be individually adapted (Bories et al, Sem Arthr Rheum 2022)
- Taking into account intensity of control band (Chang et al, Rheum Int 2023)



274th ENMC: anti-synthetase syndrome

Definition of a high confidence positive antisynthetase antibody result

Any antisynthetase antibody positive result detected by immunoprecipitation

Antisynthetase antibody positive results obtained in screen ELISA

Positive results for anti-Jo1, anti-PL7, or anti-PL12 obtained by DIA/LIA if at least two times above the cut-off for positive as defined by the manufacturer

Positive results for antisynthetase antibodies obtained by DIA/LIA that do not fulfil the aforementioned criterion but are confirmed in an alternative assay

Definition of a medium confidence positive antisynthetase antibody result

Positive results for any other antisynthetase antibody obtained by DIA/LIA if at least two times the cut-off for positive as defined by the manufacturer Caution in case of co-occurence of another myositis specific autoantibody (MSA) or myositis associated autoantibody (MAA) as determined by IP or DIA/LIA



Ongoing initiatives

- International EASI Survey on myositis serology (Carolien Bonroy and Marie-Agnès Durey)
- Harmonization antisynthetase antibody nomenclature (Anushka Aggarwal)
- Implementation novel autoantibodies
- Implementation IP-MS technology



Conclusions





Damoiseaux 2020 Autoimmun Highlights

Thank you for your attent

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